

So You Want To Date

— my —

Daughter?

A Father's Rulebook
on the Do's and Don'ts
for Dating His Little Princess



Corey Lee Wilson

SO YOU WANT TO DATE MY DAUGHTER?

A Father's Rulebook on the Do's and Don'ts
for Dating His Little Princess

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So You Want to Date My Daughter?

A Father's Rulebook on the Do's and Don'ts for Dating His Little Princess

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So You Want to Date My Daughter?

A Father's Rulebook on the Do's and Don'ts for Dating His Little Princess

This book is dedicated to my daughter Katrina Isabella Wilson and every other daughter and dad (and moms too) with a teenage daughter out there that can benefit from one like this.

Thanks Ever Juarez for the great cover design and graphics, both Adam D. Denbo and Liz Perez for proofreading, and Dave von Fleckles for teaching me how to become a gentleman.

I would also like to thank the Brothers of the Delta Tau Chapter of the Phi Kappa Tau Fraternity for providing the location, the actors, video and graphic production, as well as support for the making of the "So You Want to Date My Daughter?" video.

So You Want to Date My Daughter?

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Foreword – Welcome to Fratire Publishing

So, what is “fratire” you ask?

Fratire is a combination of the words "fraternity" and "satire" and represents a new genre of literature that uses in your face satire to make a point and at the same time do it from a tough love approach that respects the fraternal kinship of human nature. It's also about common sense books for common sense people and places more emphasis on the practical side of changing human behavior for the better, even if our feelings get hurt a little along the way.

Fratire Publishing format and content style is a mastery of presentation and organization, ease of use straight forward facts and quick summaries. Strategically, we use a lot of statistics to make a point or show a comparison from a global perspective. However, we also recognize that every person must be treated with equal opportunity and fairness, free of bias and prejudices, and seen as a unique individual, like no other.

Our approach is about relevant books for sapient beings covering a range of useful and timely topics and practical knowledge. As a self-publisher and Founder and President of Fratire Publishing, my mission and goal in life to provide common sense books and how-to guides to help everyday people navigate safely through the many hazards of life, be it dating, character building, or philosophical perspectives.

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Our vision of Sapience is becoming a person of/or showing great wisdom and sound judgment, and our mission is taking action to advance society with personal intelligence and enlightenment as well as working now and together with others; to make the world a better place. If this sounds like you and you can never have enough common sense, wisdom and relevancy, then come and visit us and learn more at www.FratirePublishing.com.

That's why I wrote this non-fiction book titled ***So You Want to Date My Daughter? A Father's Rulebook on the Do's and Don'ts of Dating His Little Princess***. However, more needs to be done regarding gentlemanly and ladylike dating behavior, so I saw the need to write two companion books, ***Every Daughter Deserves a Gentleman*** and ***Every Son Deserves a Lady*** as well. On top of that, Fratire Publishing is donating ten-percent of these book's sales to the Times Up Now organization to help prevent sexual harassment and misogyny.

Want to be part of the solution to help end the problem of sexual harassment and misogynistic behavior? If the answer is yes, here is how you can help by igniting a national petition for a presidential proclamation to make every April the **"Be a Gentleman" and "Be a Lady" Month**. Ultimately, the goal of course is to practice gentlemanly and ladylike qualities every month, week and day of the year 365/24/7.

To learn more about becoming a sponsor, please visit our website at: www.GentlemanandLady.com. For more information about developing and promoting gentlemanly and ladylike behaviors, please follow these links to the **Every Daughter Deserves A Gentleman Program** at www.EDDAG.net and/or the **Every Son Deserves A Lady Program** at www.ESDAL.net and complete a short contact form to be added to our subscriber list.

Preface – Why I Wrote This Book

It finally hit me one day after I kept hearing my tween aged daughter rave time and time again after she saw a good-looking guy. “Boy! Is he hot?” “He’s so hot!” “He’s smokin’ hot!” So, it got me thinking; ‘Maybe she’s going to end up wild and promiscuous like my single Playboy Bunny mom!’ Worried like any loving father, I remembered articles on how family traits skip a generation. If that were true for my daughter, she could end up being a *Playboy* centerfold ten years later!

Determined to make sure that didn’t happen, I did extensive research regarding teenage dating and sexuality while she was a teenager, covering every pertinent fact and statistic regarding teenage dating and sexuality. What I discovered during this journey of enlightenment there was NO definitive book about teenage sexuality and dating! I decided to become an expert myself on the comical, emotional, and humiliating aspects of adolescent behavior, as well as the darker side of teenage pregnancy, STDs, and intimate partner violence.

Knowing what I wanted then as a testosterone fueled teenage boy versus what I know now as a protective father of teenage daughter, I sat down and wrote ***So You Want to Date My Daughter? A Father’s Rulebook on the Do’s and Don’ts for Dating His Little Princess***, the definitive book for every-day-dads and parents like you and me who need a how-to-manual in life. Because of that and what I learned

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along the way, it's now this book's mission to help prepare and empower other dads and daughters (and moms too) for safe and sane dating and pass this practical information along from every chapter.

So how did my daughter make it through her teenage dating years you might ask? Did she turn out to be wild and promiscuous like her Playboy Bunny grandmother? I'm relieved to inform you, we both made it safely through her teenage dating years, without any incidences, and she's a mature and responsible adult now, and turned out better than any dad could hope for. Yours can too with some straight forward advice, practical knowledge and preparation.

Yours truly,

Corey Lee Wilson
Author & Publisher

1 – How Young is Too Young to Start Dating?

This may be the first question most parents ask themselves about their teenage daughter dating: How young is too young to start dating?

A good question with no definitive answer. The truth is there is no right age. You need to know your child's stage of development and maturity level along with your family values. And just like the saying "one size does not fit all" the same concept applies to how young is too young for your daughter to start dating.

There certainly isn't an automatic age when tweens (ages 10 to 12) and teens (ages 13 to 18) are ready to date. The age range for starting to date can vary from a casual tween group date at age ten to a romantic dinner for two teenagers at age nineteen. As a parent, you should try to avoid making a rule that says, "No dating until you're sixteen," or something along those lines.

If you're not quite sure what the terms tween, preteen, teen, teenager and adolescent mean, no problem, here are some quick definitions before we get started.

- A **tween**, or **preteen**, is usually between the ages of ten and twelve years old, in the fifth to seventh grades. The tween stage typically ends with the onset of puberty and/or age thirteen.

- A **teen**, or **teenager**, is a young person whose age falls within an age range of 13 - 18 and their age number ends in "teen" as in thirteen years old. They've typically started puberty and are maturing into adulthood. Teens aged from 19 - 21 are considered young adults.
- **Adolescence** is the name for the transition period from childhood to adulthood. Both tweens and teens are **adolescents**. The highpoint of adolescence is during puberty, a period of rapid mental and physical development.

My Daughter is Too Young to Date!

I know there are many fathers out there who are thinking they might be able to put off the dating process for a little while. Maybe indefinitely! But let's get real because most dads and daughters are not prepared when a teenage boy or young man comes-a-calling for your daughter, you'll be unprepared for it and have missed a great opportunity to help mold and guide your daughter's dating experience for the better.

The best way to manage this process is to start early and have a plan. That's what this guidebook gives you; a plan of action for safe and sane dating and some great ideas and strategies to carry it through.

From here on, the term **candidate** is what a daughter's date is referred to in this book and refers to a boy in any stage development; be it a tween, teen, or young adult. The freshly coined term **candidon't** is used to designate an unworthy candidate.

When the time comes to talk to your children about relationships, sex, and intimacy, it's never too early. Parents should have as many teachable moments and as many opportunities to discuss dating as possible. There are some things in parenthood where the father has more of a positive (and negative) impact on their children's lives, and dating is one of them. How well a father handles this process and establishes safe and sane dating rules and practices can ultimately determine if your daughter ends up with an acceptable

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candidate or an unacceptable candidate, or a “candidon’t” as used in this book.

However, rules without a positive relationship between parent and teenager can lead to rebellion. If your daughter doesn’t agree with all of your dating rules, she’ll at least know that you’re interested in whom she dates and if they’re good enough for her. And when she understands that you’re looking out for her best interest, she’ll come to love and respect you even more for it. Well, that’s the idea!

Is Your Daughter Ready to Date?

Most tweens and teens interviewed say they’re frustrated and upset because their mom, dad or both, say they’re too young to date. What most kids don’t realize though is that parents set these kinds of rules for them because they love their kids and they want the best for them.

Most parents feel plenty of anxiety when they think about their kids growing up and starting to date. They worry about them growing up too fast or engaging in sexual activity before they’re ready, and they also fear that dating might distract their children from homework and after-school activities.

Tween Dating

Tweens are “in-between” being a child and a teen. They are children in the sense that they are not yet teenagers, but they differ from small children in that they are not primarily occupied with play. They’re often going through a period of rapid social, physiological and emotional development known as puberty. The tween years are a time of the most rapid and dramatic change in development since conception.

Parents continue to believe “not my child” when it comes to sexual relationships with their tweens and teens. As it turns out, they’re much more sexually advanced than we give them credit for and that’s cause for concern! Of the parents who say that sex is part of a tween relationship:

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- More than half, or 59%, know that their child has kissed a boyfriend or girlfriend.
- Almost one in five, or seventeen percent, knows their child has made out with a partner.
- Only seven percent say their child has gone further than kissing or making out.

Dating Relationships in Tweens Begin Much Earlier Than Adults Realize

Remember, we're only talking about tweens (not teens), so when it comes to sexual relationships, you might be surprised to know:

- 47% of tweens in general and 37% of age 11 - 12 say they've been in a boyfriend and girlfriend relationship.
- 72% say dating relationships begin by age fourteen.
- The main rise in the teen pregnancy rate is among girls younger than fifteen.

Nearly One-Third of Tweens and Parents Say Sexual Activity is a Part of Tween Dating Relationships

Specifically, the percentage of tweens identified below acknowledge the following acts as part of a dating relationship:

- Regarding touching and feeling, up to 37% of tweens considered it acceptable, and as many as 31% of the parents also considered it acceptable.
- When it came to oral sex as many as 27% of tweens considered it acceptable, and as many as 26% of the parents also considered it acceptable.
- And last but not least, when it came to sexual intercourse as many as 28% of tweens considered it acceptable and as many as 26% of the parents also considered it acceptable.

Tweens in Relationships Report Sexual Activity Among Their Peer Group

If these shock and awe statistics below don't already frighten you, they should by now.

- Within their peer group, 47% of tweens know a friend or someone their age who has touched and felt up a partner.
- Up to 31% of tweens know a friend or peer who has had oral sex.
- And one third, 33% know a friend or peer who has had sexual intercourse!

Adolescents Who Date Early Are Twice as Likely to Develop Behavioral Problems

Even more cause for concern is a recent Canadian research study, as reported by the Wall Street Journal, which suggests boys and girls who start dating at a young age may disrupt the typical pattern of romantic development and increase their risk of school and behavioral problems.

A corroborating report by the Journal of Adolescence studied young romance and looked at groups of children who started dating at the average age of 11.6 years, as compared to 12.9 for "on-time teens" and an average age of 14.9 for the so-called "late bloomers." Twenty percent of the participants had started dating as young as ages 10 - 12, while 25% began in their late teens.

Those who started dating early were twice as likely to develop behavioral problems as compared to those who began "on-time" or later in adolescence. Lying, cheating, truancy, picking fights and running away constituted disruptive behaviors. Early starting children were also more likely to report personality traits such as shyness, depression, and aggression.

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Meanwhile, late-blooming children experienced an accelerated path towards exclusive relationships from casual dating with no adverse effects. About 55% of participants were classified as "on-time" teens.

Why might early relationships be detrimental to tweens and teens? Researchers concluded that when entering a relationship early on when ill-prepared and without the appropriate support of peers, adolescents may have more difficulty dealing with the stress of a typical couple. Early-starters were also found to be more likely to drink alcohol and engage in unsafe sex.

Tweens Are Not Emotionally and/or Physically Mature Enough for a Romantic Relationship

The two mentioned studies bring up two good points: 1) tweens are not in a good position to be early daters because they typically don't possess healthy relationship skills, and 2) any tween who wants to begin a relationship should have healthy relationship skills and know how to recognize them in a prospective candidate. Otherwise, entering a tween romance can be disastrous. A tween, and any teen, who wants to enter a serious romantic relationship should have the following four skills:

- Assertiveness.
- Problem-solving.
- Emotion regulation.
- Conflict resolution.

Do most tweens, whose ages range from 10 - 12, possess this skill set? The answer is no, they don't, and that's why they shouldn't be engaged in any kind of romantic relationship. Is a friend's/plutonic only relationship, acceptable such as on a group date? With proper adult supervision where there is no physical contact, yes it can be.

Set Realistic Dating Expectations for Tweens Early On

Whatever your personal rules are about dating, it's important to make this a discussion that you regularly have with your daughter. Explain the reasoning behind your rules and let her know that you understand her frustration and her urge to grow up. Say something like, "I know you really want to go on dates like the other girls your age but dating before you're ready can have negative consequences. You have your whole life to enjoy dating. Enjoy being young and hanging out with your friends."

The bottom line is that parents must be vigilant about safe and sane dating habits. You want your daughter to feel comfortable coming to you with questions and concerns regarding dating. Keep the lines of communication open and let her know that there is no topic too big or scary for you to tackle as a family. Dating can be difficult enough as it is but dating when you're eleven-years old can be downright overwhelming and destructive. Encourage your daughter to enjoy her age and freedom rather than making her primary focus all about dating.

Do most teenagers, whose ages range from 13 - 18, possess the four skill sets previously noted? The answer varies and can be yes, or no, or somewhere in between. All tweens and teens are unique, and these variables will be discussed in more detail in the next section.

Teen Dating Basics

If you haven't already done so, give your children the "big talk" about sex. They need to know how their body is changing, and exactly what happens in the physical act of sex. They need to hear this from you. Don't let them hear only what their friends say about it. This is the perfect time to tell them before they start dating. They're seeing the physical signs, and they still look up to you and your opinions. Make sure the talk is not all straight facts. Add in your opinion on love and relationships in your own terms and with your own personal stories if possible.

And then ask them this question; "What's the purpose of dating?"

There are many answers to this question; however, three basic purposes can be summed up as follows:

- Practice or friendship.
- Love and romance.
- Marriage and children.

Your daughter's response, if she has one, will usually fall into one of these categories, or straddle two of them.

Dating for Practice or Friendship

Nowadays teens scramble to get dates to school dances and proms purely as a form of plumage, proof that one isn't a social pariah. Many teens go to school dances with people with whom they had no sexual relations with and there is no romantic interest involved. Welcome to the twenty-first century!

Dating for Love and Romance

Love and romance sounds wonderful but like everything else in life, it has its ups and downs. Falling in love means there's always the possibility of falling out of love, or having your heart broken. It may not seem like a big deal if it's never happened to you, but for someone that it has, there are many complicated problems and difficult emotions to deal with when love goes wrong or ends abruptly.

Dating for Marriage and Children

If the purpose of dating is to marry and eventually have children, but you're too young to marry, then one point of view is that you're too young to date. The only repercussion of this dating category is perhaps a broken heart. If you date too long, even if you sincerely love each other, you open yourself up to a lot of temptation. All those legitimate feelings have nowhere to go, because you can't marry yet.

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Teen dating can be thought of as a training ground and there is a natural progression from friendship, to love and sex, and to marriage (or marriage first and then sex after). To get to that point from an immature child to a mature adult, takes time and many steps in development, preferably one at a time.

The driver's license analogy is a good one in regard to dating because before you can get your driver's license (substitute that license for a marriage license) you need a learner's permit to practice, and before you practice you need a car to drive in, and to pass the driver's test you need to master control of the car and obey the rules of the road. Right?

Shock and Awe Teenage Dating Statistics No Parent Can Ignore!

Teens are exposed to intimate relationships early on, so before your teen starts dating, sit down with them and make sure they're aware of these ten thought provoking facts. Then ask them what they think about them before they start dating. Did any of them grab their attention? If so, why?

- Statistics show that 46% of teens between the ages of 15 - 19 have had sex at least once.
- 67% of teens who have had sex wish that they had waited (60% of boys and 77% of girls).
- Despite declines in rates of teen pregnancy in the U.S., about 820,000 teens become pregnant each year. That means that 34% of teenagers have at least one pregnancy before they turn twenty!
- Nearly four in ten teenage girls whose first intercourse experience happened at thirteen or fourteen reports that the sex was unwanted or involuntary.
- A teenager who is having unprotected sex has a 90% chance of becoming pregnant within a year.

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- Approximately one in five high school girls has been physically or sexually abused in some way or form by a dating partner.

If these statistics got their attention, it's time for the big sex talk about dating or a follow-up one. The more the better! How to talk to your daughter about sex will be covered in more detail in Chapter 2: Preparing Your Daughter for Dating. In the meantime, if having "the big talk" with your child makes you nervous; Dr. Phil offers the following general advice below.

How to Talk to Your Daughter About Sex

The hardest part in talking to your child about sex is getting started. The big talk needs to start early, because you want to keep an open dialog with your child from early childhood on. You also want to be able to talk about sex and dating with them, while they still listen to you. And when I say early, I mean before middle school, preferably from the fourth, fifth, and sixth grades depending on their stage of development. Most attractions start about middle school, and with it the pressure to have sex begins.

It's important your daughter has a clear concept of what you expect from her and what they can expect from dating, because they really do look for boundaries. So, what you're doing when you have these discussions with them is laying out what's acceptable behavior and what's not acceptable behavior. Theorist and psychology both agree that most teens have their values formed by the time they're twelve, so don't wait until then to have the big talk.

Does Your Teen Have Healthy Relationship Skills?

A teen who wants to enter a serious romantic relationship should have the four skill sets listed below. As adults and parents, most of us still struggle with mastering these skills so imagine how much more difficult it can be for an adolescent to master them as well. Most of us, whether we're an adult, adolescent or child, don't get it right the first time. Sometimes it takes a second, or a third time, and

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so on. Mastering these skills is a never-ending process, because even as adults, so few of us ever get it right, let alone the first time.

Assertiveness Skills

Sometimes relationships come with a lot of pressure. Dating teens may feel the pressure to become sexually active when they spend a lot of time together. It's important for your teen to be able to speak up for herself so she can say no when she's feeling uncomfortable.

Problem Solving Skills

A romantic relationship will create different types of problems that your teen may not have experienced before. For example, a teen may have to decide whether to spend time with a friend or a boyfriend or she may need to resolve problems that result from a misunderstanding over social media.

Emotion Regulation Skills

The teen years can be tumultuous by nature, and romance certainly stirs up a lot of intense emotions. It's important for any teen to be able to deal with stress, loneliness, anger, jealousy, and sadness in a healthy manner.

Conflict Resolution Skills

A relationship will likely bring some level of conflict, whether it's a disagreement about a miscommunication or an argument over how the other person is behaving. It's important for your teen to understand how to resolve conflict in a healthy way.

Does Your Teen Understand Healthy Relationships?

Teens also need to know what a healthy relationship should look like. As a parent, if you haven't role modeled healthy relationships, it's likely that your teen's view of what a healthy relationship is may be unclear. But even teens who have witnessed healthy

relationships may not understand themselves how to create a healthy dating relationship.

Make sure your daughter understands issues, like dating violence, and jealousy. Talk to her about the importance of maintaining healthy relationships with her friends even while dating someone. It's also important for your teen to be willing to remain involved in school work and extra-curricular activities without allowing a romantic interest to interfere. That's a must!

Has Your Teen Had Plenty of Education About Dating and Sexuality?

Make sure your teen has a clear understanding of dating and sexuality issues. Your teen should know what to expect when entering a romantic relationship and to understand the dangers of engaging in sexual activity, like STDs and pregnancy. Even a teen who insists she's not ready to have sex, should still understand the potential consequences. Better safe than sorry!

Don't expect your kid's school system to teach tweens and teens everything they need to know about sex, intimacy, and dating. There is no one standard sex education curriculum in the USA and every state has the choice of using a "comprehensive" or "abstinence" curriculum, or combinations of each.

Does Your Teen Have a Healthy Sense of Self Worth?

For most daughters entering their teen years is an exciting, confusing, and a crazy time to be in. Emotions can be all over the place, and it can feel like the whole world is trying to press her into their mold instead of letting her be who she wants to be. If your teen hasn't yet established a healthy self-worth, it could be dangerous for her to enter a relationship.

If your daughter doesn't feel good about herself or hasn't yet established a healthy identity, she may tie her self-worth into the person she's dating. She may seek attention to feel good about herself or may be willing to tolerate unhealthy behavior.

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It's important to have ongoing conversations with your teen about dating, relationships, and sexuality. If you forbid dating of any kind, your teen may rebel and begin dating without your knowledge. Try to allow your teen some freedom but make sure you keep your teen safe by establishing healthy dating rules.

We'll explore more about what these healthy dating rules are in Chapter 3: Best Dating Practices for Your Daughter. But first, let's discuss why every daughter deserves a gentleman in the next chapter.

21 – The End of Innocence

There's a reason we end this journey at Chapter 21: The End of Innocence, because for most adolescents, the age of twenty-one is the last portal to adulthood.

Many adults are uncomfortable with the idea of teen sexuality and prefer to remain in ignorance or denial. But sexual activity is a part of human development, and tweens, teens, and young adults need access to comprehensive and non-stigmatizing information about sexual and reproductive health.

To one degree to another most parents are unable to control their teens. Regardless of your level of control, as noted before, the many benefits of open lines of communication can help them be more aware of the dangers of dating, relationships, and what their maturing bodies are capable of.

Making poor choices can have serious consequences that can affect their lives forever, and the lives of their parents as well. As noted throughout your journey through this book, it's essential to establish an open and honest dialogue in your home about sexual matters.

Sound Advice for Dealing with Sexually Active Teens

Begin by asking your teenage girl to share her feelings about sex and having multiple partners. Show genuine interest by not arguing, lecturing, criticizing, attempting to control her or calling her derogatory names. Listen with empathy and understanding, even if you hold a different point of view.

Criticizing her could cause her to feel shame and guilt and lead her to refuse to talk to you in the future. Stress that you're aware that she's exploring her sexuality and you'll always love her unconditionally. Teenagers whose parents show unconditional love and support have fewer sexual partners than other teens, according to Planned Parenthood.

Share your own values about love, sex and intimacy. Tell her about some of your early sexual experiences and any valuable lessons you learned. Explain how sex is more meaningful in committed, loving relationships than with many different partners. Let her know what a healthy relationship consists of; such as respect, honesty, trust, equality and sexual intimacy; and those are the qualities you hope she finds in a partner.

By stressing the value of saving sex for healthy relationships, you can strengthen her resolve to avoid engaging in sex for less important reasons, such as peer pressure, according to Terri Apter, PhD, a University of Cambridge researcher and mother and teen expert. Devise strategies to help her resist sexual pressure. Go through different situations and practice how she should say "no" to sexual propositions.

Inform her about the dangers of promiscuous sex, such as sexually transmitted diseases (STDs) and pregnancy. Quote some sobering facts that pregnant teens are more likely to be high school dropouts, suffer economic hardship and be unhappy, according to Planned Parenthood. STDs can lead to life-threatening illnesses, such as AIDS and genital cancers.

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Ask if she's using birth control. If not, make an immediate appointment for her to see a gynecologist and also get tested for STDs. Each year, there are approximately nineteen million cases of STDs reported, and half of them appear in young people who are 15 - 24 years old, according to the Centers for Disease Control and Prevention.

On Average: How Often Are Teens Having Sex?

Overall, teenagers had a median age at first sex of 16.9 years. Black males had the lowest observed median (15.0), and Asian American males the highest (18.1); white and Hispanic males, and white and black females, reported similar ages (about 16.5 years). Hispanic and Asian American females had rates of first sex about half that of white females, although these protective effects were explained by differences in family structure.

Even after controlling for other factors, black males had rates of first sex that were about 3-5 times the rates of the other gender-and-ethnicity groups. In addition, Asian American males were less likely than Hispanic males to be sexually experienced, and Hispanic males had almost twice the rates of sexual activity of Hispanic females.

In 2011–2013, among unmarried 15 - 19-year-olds, 44% of females and 49% of males had had sexual intercourse. These levels have remained steady since 2002. Adolescent sexual activity may include behaviors other than vaginal intercourse such as Abstinence and Outercourse as noted by Planned Parenthood.

In 2006–2010, the most common reason that sexually inexperienced adolescents aged 15 - 19 gave for not having had sex was that it was “against religion or morals” (41% of females and 31% of males). The second and third most common reasons were not having found the right person and wanting to avoid pregnancy.

Among sexually experienced adolescents aged 15 - 19, 73% of females and 58% of males reported in 2006–2010 that their first sexual experience was with a steady partner, cohabitor, fiancé or

spouse. Sixteen percent of females and 28% of males reported having first had sex with someone they had just met or who was just a friend.

Adolescent sexual intercourse is increasingly likely to be described as wanted. First sex was described as wanted by 34% of women aged 18 - 24 in 2002 who had had sex before age twenty and by 41% in 2006–2010. Among men in the same age group, the share reporting first sex before age twenty as wanted increased from 43% to 62%.

Sex Education, Safe Sex and Contraceptive Use

The benefits of sex education, planned parenthood, and pregnancy and STI prevention were discussed in earlier chapters. This chapter will cover more about contraceptive use, accepting the fact that by the time your adolescent turns twenty-one, they will have had sex in at least one way or another.

A clear majority of studies and statistics show that most teenagers and young adults will not be abstinent or limit their sexual encounters to outercourse. Instead, they will have sex whether their parents want them to or not. So, there should be a back-up plan, multiple options, plenty of sex education, open communication, and easy access to contraceptives to effectively deal with the inevitable and end of innocence.

Other Options for Intimacy Without Having Sex

Sexual intercourse is not the only way two people can get to know each other and being intimate. Too often, people opt for intimacy through sex, only to regret the decision later, because they did so, not really know each other first. Intimacy can be developed through a variety of means and methods such as:

- Talking and listening.
- Sharing joys, hurts, dreams, goals, wishes and other aspects of life.

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- Honesty and respect for one another.
- Having fun and playing together.

Abstinence is chosen by women and men for a number of reasons. If you are a teenager, it is the best way to avoid being a pregnant teen or getting a STD. Some of the reasons people choose abstinence are for a variety of reasons as noted below:

- Honor of personal, moral, or religious beliefs.
- Wait until they are married and in a monogamous and committed relationship.
- Pursue school, career, and other activities.

To avoid pregnancy and sexually transmitted diseases, intimacy and affection can be expressed in many ways other than sexual intercourse. Kissing, hugging, massaging, and holding hands are some of the ways that couples express their affection in a physical manner.

The caution with any physical affection is that it can lead to passion and a desire for something more. Intimacy and affection can also be expressed in other ways such as:

- Conversations.
- Cards, letters, and love notes.
- Support in your partner's activities.
- Creative and fun dating.

What is Abstinence?

The definition of abstinence is when you don't have sex. Outer-course is other sexual activities besides vaginal sex. Sexual abstinence and outercourse (see below) can mean different things to different people. People are abstinent for lots of different reasons.

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Sometimes people use abstinence as birth control to prevent pregnancy.

Abstinence can mean different things depending on who you ask. Many people say abstinence is not doing any kind of sexual activity with another person, including vaginal, oral, and anal sex. That's what we're calling abstinence here.

Abstinence prevents pregnancy by keeping semen away from the vagina, so the sperm cells in semen can't get to an egg and cause pregnancy. If you're abstinent 100% of the time, pregnancy can't happen. Period!

People sometimes only use abstinence to prevent pregnancy on days they're fertile (most likely to get pregnant), but they may have vaginal sex at other times. This is called fertility-awareness.

Anybody can be abstinent, no matter your age, gender, sexuality, or the sexual experiences you've had before. People are abstinent off and on for reasons that may change over time, and a few are abstinent their whole lives. You can choose to be abstinent whenever you want, even if you've had sex before. Some could end up as the 40-year old virgin!

Meaningful Relationships and the Abstinence POV

Abstinence simply means not having sex and refraining from sexual intercourse. For most people, abstinence is the absence of sexual contact altogether. It is the healthiest way to avoid a teen pregnancy and more importantly, the best way to avoid contracting an STI. Abstinence prevents pregnancy 100% of the time when practiced consistently. It is the most effective form of birth control.

Abstinence prevents pregnancy because sexual intercourse does not take place. It involves refraining from any activity that leads to an exchange of body fluids. Periodic abstinence is often used by couples who are practicing the fertility awareness method of birth control as a means of preventing pregnancy during the fertile period of a woman's cycle.

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There are no side effects or health risks related to abstinence. Abstinence prevents the transmission of sexually transmitted infections 100% of the time when practiced appropriately and consistently. Abstinence is most successful when you are diligent and use planning within your relationships. To make it easier, try some of the following ideas:

- Do things with friends or in groups.
- Go on double dates.
- Minimize physical affection that could lead to passion and desire, making it harder to abstain from sexual intercourse.
- Avoid situations where you are alone.

Relationships that involve sexual intercourse are filled with physical, emotional, and psychological risks. Abstinence provides teenagers the opportunity to avoid those risks. Individuals who abstain from sexual intercourse during their teenage years tend to have fewer sexual partners in the future.

Remaining abstinent as a teenager means that you will be less likely to contract a sexually transmitted disease, which may also lead to infertility, develop cancer of the cervix and experience an unplanned pregnancy.

How Does Outercourse Work?

Many couples want to be sexual with each other without having vaginal sex and/or risking pregnancy. Outercourse can prevent pregnancy the same way abstinence does by keeping sperm away from an egg.

Using outercourse as birth control means you do some sexual activities, but you don't have vaginal sex (penis-in-vagina) or get any semen (cum) in the vagina. This way, the sperm cells in semen can't get to an egg and cause pregnancy. Some outercourse examples

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include kissing, massage, masturbating, dry humping (grinding), and talking about your fantasies.

People may also choose to have oral sex and/or anal sex. Oral sex won't lead to pregnancy, and anal sex doesn't cause pregnancy either (unless semen spills out into the vagina). But both anal and oral sex can spread STDs, so use a condom during oral sex and anal sex if that's your goal or preference.

What Are the Pros and Cons of Abstinence and Outercourse?

The pros of abstinence and outercourse include:

- Has no side effects or health risks.
- Prevents pregnancy and the transmission of sexually transmitted diseases.
- It's free!
- Reduces emotional and psychological challenges related to relationships that involve sexual activity.

The cons of abstinence and outercourse include:

- Requires willpower and discipline.
- Both partners must be equally committed.

But in the United States, 46% of all high school age students, and 62% of high school seniors, have had sexual intercourse; almost nine million teens have already had sex. It is critically important for adults to address adolescent sexuality realistically and to recognize that many factors, including socioeconomic status, race or ethnicity, family structure, educational aspirations, and life experiences, affect young people's behavior and choices.

At the heart of waiting until marriage is a yearning for greater meaning in all things, most of all marriage. The end-goal of waiting is achieving a more meaningful marriage, but this ambition will trickle

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down into the friendship and dating relationships you enter into before marriage as well. People who wait till marriage tend to prioritize meaningfulness in all relationships much more than other people.

One-night stands, casual flings, superficial friendships, these will be entirely foreign (and appalling) concepts to you if this is your goal or preference. You pursue closeness and meaning in every relationship you have, platonic or otherwise. Now, this doesn't mean that you will get deep meaning out of every relationship, just that you will try to get it. You'll rarely be comfortable with a friendship or a dating relationship in which you don't get to know the person very well.

For the ones that you do know well, you will get the maximum potential out of every relationship. Sometimes that won't amount to much. Sometimes it will amount to everything. And that's the good news when you aim for depth and meaning, you will frequently get it. Or, you'll move on until you do.

Pregnancy

In 2013, the adolescent pregnancy rate reached a record low of 43 pregnancies per 1,000 women aged 15 - 19, indicating that less than five percent of females in this age-group became pregnant. This rate represented a decline to just over one-third of the peak rate of 118 per 1,000, which occurred in 1990.

In 2013, about 448,000 U.S. women aged 15 - 19 became pregnant. Seventy-two percent of adolescent pregnancies occurred among the oldest age-group (18 - 19-year-olds). Pregnancies are much less common among females younger than fifteen. In 2013, four pregnancies occurred per 1,000 females aged fourteen or younger. In other words, about 0.4% of adolescents younger than fifteen became pregnant that year.

In 2013, black and Hispanic adolescents had pregnancy rates of 75 and 61 per 1,000 women aged 15 - 19, respectively; white adolescents had a pregnancy rate of 30 per 1,000. As noted many times,

despite recent declines, the U.S. adolescent pregnancy rate continues to be one of the highest among developed countries for this reason and others.

Nationally, seventy-five percent of pregnancies among 15 - 19-year-olds were unintended (meaning either mistimed or unwanted) in 2008–2011, and adolescents account for about fifteen percent of all unintended pregnancies annually. Sixty-one percent of pregnancies among 15 - 19-year-olds in 2013 ended in births, while 24% ended in abortions and the rest in miscarriages.

Abortion

Although federal funds are not permitted to cover abortion services in most cases, some states and private insurance plans do allow insurance coverage of abortions. However, some minors with coverage may not use insurance to access abortion services because they are not aware that these services are covered or because of confidentiality concerns.

Women aged 15 - 19 had just under 110,000 abortions in 2013. About eleven percent of all abortions that year were obtained by adolescents. In 2013, there were eleven abortions for every 1,000 women aged 15 - 19. This is the lowest rate observed since abortion was legalized nationwide in 1973, and just one-fourth of the peak rate in 1988.

Between 1985 and 2007, the proportion of pregnancies among 15 - 19-year-old women (excluding miscarriages) that ended in abortion declined by one-third, from 46% to 31%. This proportion has remained relatively stable since 2007.

The reasons women younger than twenty most frequently give for having an abortion are concerns about how having a baby would negatively change their lives, inability to afford a baby now and not feeling mature enough to raise a child.

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As of July 2017, laws in 37 states required that a minor seeking an abortion involve one or both parents in the decision.

Childbearing

In 2013, women aged nineteen or younger had 276,000 births, representing seven percent of all U.S. births. By the age of twenty, one in three women will have become pregnant and most will be unmarried. This is a shocking statistic that needs to change!

In 2013, there were 26 births per 1,000 women aged 15 - 19; this rate marked a more than 50% decline from the peak rate of 62 births per 1,000, reached in 1991. Evidence suggests that this decline is primarily attributable to increases in adolescents' contraceptive use; declines in sexual activity played a smaller role.

Most births to adolescent mothers are first births. In 2013, seventeen percent of births to women aged 15 - 19 were second or higher-order births.

Nearly all births among women aged 15 - 19 occur outside of marriage, 89% in 2013, up from 79% in 2000. Yet, over the last several decades, adolescents' share of nonmarital births among all age-groups has declined, from 52% in 1975 to fifteen percent in 2013.

Between 1991 and 2014, childbearing among young men declined 54%, from 25 births per 1,000 males aged 15 - 19 to eleven births per 1,000. Among men in this age-group in 2014, 27% reported that the pregnancy was intended.

The rates of childbearing among young men vary considerably by race. In 2014, the rate among black males aged 15 - 19 (19 per 1,000) was almost twice that among their white counterparts (10 per 1,000).

Well, that's the end. I hope it was a worthwhile read and that your daughter has a safe and sane journey through her dating years, and the two of you get through it just fine. Best regards and good luck!

Closing

You heard me say that my mom was a Playboy Bunny? Well it's true, and as the "oldest man in the house" of a single mother (I was a precocious boy of ten), it was my job to help zip-up her bunny outfit in the back when her zipper got stuck. Single and free to do most anything she wanted to and to date anyone she wanted to, my mom did just that, dating dozens of playboys from the Playboy Club.

Hoping one day she would fall in love with one of them, and he with her, and get married, and I would have a dad again, it never came to be. However, what did come to be was that I developed an advanced sexual knowledge at an early age, observed many playboy tactics and dating techniques tried on my mother, and eventually became a playboy of sorts myself when I grew into manhood.

If you're thinking what I'm thinking, 'I'm the wrong person to be writing a book like this, right?' Well maybe not! Just think about it for a minute. Have you ever heard or read stories about the ex-hacker now doing cyber intelligence for the CIA, or the high-profile thief who now designs surveillance/security systems, or the diehard gangster who is now reformed and dedicated his life to preaching the word of the gospel?

With a PhD in life (my PhD stands for personal human drama) who better to know every young man's or boy's playbook for scoring on a daughter? Whether it's your daughter, another teenage daughter, or an anonymous young woman; I've played both offense and now

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defense, so to speak, on the dating game playing field, and I know every play in the playbook, from the big league to the little league. So, who better than me to protect your daughter and ensure she's experiencing safe and sane dating?

I'd take a bullet for my daughter, and most dads would too. With that said, if you don't like some of my "tough love" advice and straight-forward statistics because they demonstrate and acknowledge there are many noticeable and, in some cases, significant differences in certain racial, religious, and ethnic groups when it comes to teenager behavior and dating practices, too bad!

If these inconvenient truths are hard to accept or follow and you continue to point the finger of accusation and express such non-sensical things like, "he's old school!" or "he's prejudice!" or "he's a racist!" etc., etc., etc., you need to read on to the next page, then to the Afterword and over to my Biography for the facts and history that prove otherwise.

When you've circled back to this page, hopefully, you'll come to the realization that you've been hypocritical and the problem most likely lies with you. If you want to be part of the solution, and not the problem, you need to identify and accept the problem, and then start working on the solutions to fix them.

Trying to shoot the messenger, does you and society no benefit, in fact it does more harm. If you truly want to benefit society and are capable of rational thought, as a sapient being, and desire to be part of the solution, there's a place for you at the non-profit organization SAPIENT Being at their website at www.SAPIENTBeing.org.

Check it out and see if you're ready and wise enough to join the **Society Advancing Personal Intelligence and Enlightenment Now Together**, the **S.A.P.I.E.N.T. Being** and elevate yourself to a higher state of being.

Afterword

Unfortunately, we live in a world these days gone mad and turned upside down it seems. It's much easier these days to shoot the messenger and suppress free speech by labeling them all sorts of things that they're not. Much like a witch-hunt, or where you're guilty first until proven innocent later, or simply a lack of free speech, many people cannot seem to separate their opinions from facts. It's madness!

As the time-tested saying goes, "Everyone is entitled to their own opinions, but they're not entitled to their own facts." Facts are facts, but they can be skewed and manipulated for disingenuous methods and false narratives. We don't do that at Fratire Publishing! In fact, we'll go out of our way to point out and correct such fallacies. This is part of the higher calling of being a sapient being.

So be careful out there with the accusations and finger pointing, because I have a favorite saying and demonstration that stops them cold in their tracks. And here it is: When you point that finger of accusation(s), it's been my long and traveled experience in life and sapience, to notice that the people doing the finger pointing have their other four fingers pointing right back at them. It wasn't always so!

It's also been my experience in life that these kinds of ludicrous and nonsensical comments say more about the prejudice, cluelessness, naivety, immaturity, hypocrisy, hatred, bias, etc. etc. etc. of the accuser than the accused. It seems like so many of us have tossed aside

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all reason, logic and common sense, and given in to their illogical and irrational emotions where fiction is fact and facts are denied and worst of all; no free speech allowed.

Sincerely,

Corey Lee Wilson
Publisher & Author

Appendix

Father/Daughter & Mother/Son Dance

https://www.youtube.com/watch?v=jFXAI_EEbQE

“So You Want to Date My Daughter? A Father's Rulebook on the Do's and Don'ts for Dating His Little Princess” video at:

<http://youtu.be/ZqBSL40PhIwn>

“Watch This Woman Receive 100 Catcalls While Walking Around for a Day” video at:

http://www.huffingtonpost.com/2014/10/28/walking-in-nyc-as-a-woman_n_6063054.html?utm_hp_ref=mostpopular

Application Form for Permission to Date My Daughter:

For an electronic copy in Word or pdf format, please visit my website at www.SYWTDMD.net and go to the Contact page and fill out that info form so you can receive the Application Form for Permission to Date My Daughter form.

Permission to Date My Daughter Contract and Agreement Form:

For an electronic copy in Word or pdf format, please visit my website at www.SYWTDMD.net and go to the Contact page and fill out that info form so you can receive the Application Form for Permission to Date My Daughter form.

Glossary – Dating Slang and Teenage Jargon

If you hear a lot of these words below coming from your daughter's date or read them in his application form, you might want to pay closer attention to what he is saying or stating and be aware that he might not be the right date for your daughter. If all of his slang and jargon begins to sound like gangsta' talk (see definition below), you can be 100% sure he is not the right candidate for your daughter and never will be.

Bootylicious – Used to describe how very fine someone looks, particularly their ass.

Crib – A boy's room, pad, apartment, or make out place.

Div – A girl who thinks she's a rock star.

Double date – When two or more couples go out on a date together.

Dudette – The feminine name for dude. One who is hip or cool.

Dumped – To get turned down on a date.

Freak Dancing – Also known as grinding or freaking or wining (in the Caribbean), is a type of close partner dance where two or more dancers rub their bodies against each other.

Gangsta' – A real thug, livin' the streets the way that the hip-hop lifestyle would suggest.

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Grinding - Also known as freak dancing or freaking or wining (in the Caribbean), is a type of close partner dance where two or more dancers rub their bodies against each other.

Himbo - Male bimbo.

Ho' - Street term for a whore.

Homie - Gangster or rap term for a fellow member or a friend.

Hooking up - Means as little as just getting together or as much as having sex together.

Mackin' out - Making out with.

Making out - Kissing and fondling.

Mallrat - A person who spends much of their free time at the mall, not necessarily buying anything or working.

Negging - The offering of low-grade insults meant to undermine the self-confidence of a woman, so she might be more vulnerable to your advances.

Player - A boy who is sexually active and desirous of and/or dating many girls at the same time.

Posse - A fraternity, group, or gang of like-minded boys who hang out together.

Rave - An all-night party.

Reputation - Something easily lost when going out with the wrong boy.

Sagging or **Saggin'** - Is a manner of wearing trousers (slacks, shorts, pants or jeans) below the waist, revealing much of the underwear.

Sexting - E-mailing nude pictures of yourself to others.

Slore - A slut and a whore combined.

Slut - A girl who gets around and has sex with many different boys.

STDs - Sexually transmitted diseases.

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STIs – Sexually transmitted infections.

TDV – Teen dating violence.

Tease – A girl who leads a boy on.

Teenager – An adolescent or teen typically between the ages of 13 - 18.

Tween – An adolescent typically between the ages of 10 - 12.

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So You Want to Date My Daughter?

Biography



Corey Lee Wilson was raised an atheist by his liberal Playboy Bunny mother, has three Anglo-Hispanic siblings, a brother who died of AIDS, baptized a Protestant by his conservative grandparents, attended temple with his Jewish foster parents, baptized again as a Catholic for his first Filipina wife, attends Buddhist ceremonies with his second Thai wife, became an agnostic on his own free will for most of his life, and is a lifetime independent voter.

Corey felt the sting of intellectual humility by repeating the 4th grade and attended eighteen different schools before putting himself through college at Mt. San Antonio College and Cal Poly Pomona University (while on triple secrete probation). Named Who's Who of American College Students in 1984, he received a BS in Economics and won his fraternity's most prestigious

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undergraduate honor, the Phi Kappa Tau Fraternity's Shideler Award, both in 1985. In 2020, he became a member of the Heterodox Academy.

As a satirist and fraternity man, Corey started Fratire Publishing in 2012 and transformed the fiction "fratire" genre to a respectable and viewpoint diverse non-fiction genre promoting practical knowledge and wisdom to help everyday people navigate safely through the many hazards of life. In 2019, he founded the SAPIENT Being to help promote freedom of speech, viewpoint diversity, intellectual humility and most importantly advance sapience in America's students and campuses. kinder, gentler and non-misogynistic version with random acts of kindness.

It finally hit me one day after I kept hearing my tween aged daughter rave time and time again after she saw a good-looking guy. “Boy! Is he hot?” “He’s so hot!” “He’s smokin’ hot!” So, it got me thinking; ‘Maybe she’s going to end up wild and promiscuous like my single Playboy Bunny mom!’ Worried like any loving father, I remembered articles on how family traits skip a generation. If that were true for my daughter, she could end up being a **Playboy** centerfold ten years later!

Determined to make sure that didn’t happen, I did extensive research regarding teenage dating and sexuality while she was a teenager, covering every pertinent fact and statistic regarding teenage dating and sexuality. What I discovered during this journey of enlightenment was there was NO definitive book about teenage sexuality and dating! So, I decided to become an expert myself on the comical, emotional, and humiliating aspects of pre-pubescent and pubescent behavior, as well as the darker side of teenage pregnancy, STD’s, and dating partner violence.

Knowing what I wanted then as a testosterone fueled teenage boy; versus what I know now as a protective father of teenage daughter; I sat down and wrote ***So You Want to Date My Daughter? A Father’s Rulebook on the Do’s and Don’ts for Dating His Little Princess***, the definitive book for every-day-dads, moms and single parents like you and me who need a how-to-manual in life. Because of that wisdom and advice and what I learned along the way, it’s now this book’s mission to help prepare and empower other dads and daughters for safe and sane dating and pass this practical information from all twenty-one chapters on to others.

So how did my daughter make it through her teenage dating years you might ask? Did she turn out to be wild and promiscuous like her Playboy Bunny grandmother? I’m relieved to inform you, we both made it safely through her teenage dating years, without any incidences, and she’s a mature adult and responsible lady now, and turned out better than any dad could hope for. Yours can too with some straight forward advice, practical knowledge and advance preparation. Enjoy!

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